

STUDENT SUCCESS & WELLNESS HUB



PSYCHOSOCIAL COUNSELLING

1.

Counselling with our registered counselling psychologist - Pravilla Naicker.

Email: counselling@milpark.ac.za



CONSULTATIONS

[Connect Here](#)

2.

1-on-1 consultations with a Student Success & Wellness Advisor. We provide students with guidance and support that goes beyond academic needs and that cater to overall well-being on our programmes.

(BCom Consultations)



SUCCESS & WELLNESS SESSIONS

3.

These sessions are meant to assist students in personal growth and development. They provide students with tools and resources to maintain a positive mindset, plan their time, and manage their studies according to their unique lifestyle.



STUDY GROUPS

4.

Students fill in the study group form. Thereafter they will receive a link to the sheet with all students' responses. They would use the details on the sheet to reach out to other students to form their own study groups.



5.

STUDENT REPS

The student representatives are viewed as a voice for the students. They are able to bring matters to the programme level team and provide feedback to the student body.



BCom students can find out more about support options and the Success & Wellness Hub on their **Overview Module on Canvas**.

**We've got you.
You've got this.**

For more information or assistance we are an email away:
<https://helpdesk.milpark.ac.za/SignIn>

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